

FOOT CARE INFORMATION

- Dry skin and cracked heels

Make sure you keep your feet clean and dry. Look for signs of dryness when creams do not seem to help. This could be a sign of a problem - such as a fungal infection like Athletes Foot (Tinea). If you see signs of nail splitting, discolouration or spots on your feet you should immediately consult your podiatrist. For fungal issues there are products such as Tea Tree Oil, Canestan, Lamisil or Phytonail which can help. Your Podiatrist is BEST to advise you. Some of these conditions are more common as we age. They are NOT necessarily signs of poor hygiene. We are able to treat these conditions. Spots may be a sign of Diabetes and need to be properly diagnosed by your Podiatrist or Doctor.

During your treatment we use our own lotion and / or foot balm – Slightly fragrant containing Vitamin E, Coconut and Aloe Vera, making it smooth and easily absorbed into your skin. These are **NON SLIP** products. Use these products to help keep your feet conditioned and help alleviate cracked heels and dry skin.

Why use our products over many creams available now? Many creams have components such as SORBOLENE. Sorbolene is not always absorbed into your skin making it moisturised. Sorbolene works by providing a protective barrier. It is made from petroleum based products. Notice the difference with our Natural Products.



FOOT BALM CREAM - FOOT BALM 175 Grams

LOTION- LOTION - PUMP PACK 200ml

Both these products are PETROLEUM and SORBOLENE FREE



You can buy this and other products online at:
www.mediclinicshop.com.au

info@podiatryclinics.com.au
www.podiatryclinics.com.au

OUR CLINICS ARE IN AREAS THAT SUIT YOU.

MEDICARE EPC REFERRED PATIENTS ARE BULK BILLED WITH NO GAP FEE AND ALL OUR CLINICS HAVE HICAPS FOR PRIVATE HEALTH CLAIMS

LOCATIONS ACROSS MELBOURNE

BALWYN

BLACKBURN

BORONIA

BRUNSWICK

DANDENONG

GLEN WAVERLEY

GREENSBOROUGH

MELBOURNE CITY

MITCHAM

PRAHRAN

SEYMOUR

TEMPLESTOWE

WARRANTYTE

WERRIBEE

31Princes Hwy
at PATHCARE